

# BieneSTAR

School-Connected Prevention, Early  
Identification, and Direct Mental  
Health Services

**Caring Across Communities Grantee Meeting**  
**March 14-16, 2007**  
**Alexandria, Virginia**

**BieneSTAR Attendees:**

**Michelle J. Lyn, Associate Division Director, Division of Community Health**  
**Alba Onofrio, Executive Director, El Centro Hispano, Inc.**  
**Robert Murphy, Executive Director, Center for Child and Family Health**

# BieneSTAR Goals

- Prevent and reduce exacerbation of mental health disorders of children enrolled in 3 elementary school clinics through the provision of mental health education and outreach to parents and school personnel with special emphasis on immigrant children and families.
- Create sustainable mental health services, including early identification and counseling that are accessible, culturally competent, and integrated into school services with special emphasis on immigrant at-risk children enrolled in the SBHCs.

# BieneSTAR

## Community Context

- Durham County Total Population: 242,582
- Racial and Ethnic Composition:

38.0% African-American	1.4% Multi-racial
56.2 % White	4.0% Asian
11.0 % Hispanic	0.4% American Indian
- Latino preschool children age 4 or younger increased by 814% from 1990 – 2000, while Latino children 5-17 grew by 729%.

# BieneSTAR Partners

- Division of Community Health, Duke
- Durham Public Schools
- El Centro Hispano
- Center for Child and Family Health

# Division of Community Health

- Created in 1998
- Clinical Services, Disease Prevention and Health Promotion, and Education
  - multi-partnered
  - collaboratively planned, operated, and funded
  - serving at-risk, vulnerable populations who face barriers to care
  - built around patients, not facilities/faculty
  - sustainable
  - evaluated

# Durham Public Schools

- Enrollment: 31,781
- 46 Schools, 7 largest district in North Carolina
- 28 Elementary, 8 Middle, 1 Secondary, 7 High Schools, 1 alternative school, 1 hospital school
- Racial and Ethnic Composition
  - 54% African-American
  - 24.3% White
  - 15.7% Hispanic
  - 3.4% Multi-racial
  - 2.4% Asian
  - 0.2% American-Indian

Source: Durham Public Schools  
Quick Facts, <http://www.dpsnc.net>,  
accessed March 9, 2007

# El Centro Hispano

- Grassroots Latino community center
- Created in 1992 for newly arrived immigrants

## Services ↔ Education ↔ Community Organizing

- Programs for children, youth, and adults
  - Linkages to Community Resources
  - Health Education, Disease Prevention & Access to Care
  - ESL classes
  - Women's empowerment
  - Youth support
  - Family Literacy
  - Economic Development

# Center for Child & Family Health

- Consortium (est. 1996)
  - Duke University
  - North Carolina Central University
  - University of North Carolina
  - Child & Parent Support Services
- Child maltreatment & trauma
  - Services
    - Trauma treatment, primary & secondary prevention, pediatric/MH forensic assessment
  - Training
    - Evidence based mental health, multidisciplinary collaboration & intervention, assessment, court consultation
  - Research
    - Home based prevention, service delivery, assessment & intervention with orphans & vulnerable children

# Partnership Activities

- Four School-Based Health Centers
- Local Access to Coordinated Healthcare (LATCH)
- Tooth Ferry Dental Van
  
- Amigas Latinas Motivando el Alma (ALMA)
- Adolescent Centered Care, Education, and Social Support (ACCESS)

# Partnership's Guiding Principles

- Community needs and stakeholders determine the services to be developed
- Programs are overseen by steering committees composed of community stakeholders/partner organizations, faculty and staff
- Programs focus on populations facing health disparities
- Programs are designed to be financially stable
- Programs are rigorously evaluated

# Current Services and Experiences

Total Students	African-American	Hispanic	White	Multi-Racial	Free/Reduced Lunch	LEP
Watts 368	35%	46%	14%	4%	68.26%	22%
EK Powe 370	50%	30%	13%	6%	62.77%	24%
Glenn 765	53%	38%	5%	3%	69.44%	24%

**El Centro Hispano: Registration and ESL Testing**

# BieneSTAR Team

- Bilingual Licensed Clinical Social Worker,  
Center for Child and Family Health
- Bilingual, Bi-Cultural Health Educator,  
El Centro Hispano

# BieneSTAR Activities

- Prevention
- Early Intervention
- Direct Mental Health

# Prevention

- Child Groups
- Parent and Family Groups
- Teachers, Counselors, and ESL Teachers  
In-Service Education
  - Child and Family Experiences
  - Identifying Needs Before They are Problems

# Early Intervention

- Mental health screening services
- Educate DPS registration and ESL testing personnel at El Centro Hispano about mental health screening services and referral process
- Educate DPS school personnel about mental health screening services and referral process

# Direct Mental Health Services

- Create mental health component for Glenn Elementary through the existing SBHC and expand the mental health services at the Watts and E.K. Powe SBHCs
- Group, family, or individual mental health therapy at the SBHC, El Centro Hispano, or CCFH

# Evaluation

- School Clinic Data: Clinical Fusion
- CCFH Data
- El Centro – DPS Registration Data
- Chart Audits
- Parent, Student, and Staff Surveys