

Los Angeles Child Guidance Clinic

The goal of the Three R's Project: Building Relationships, Resiliency and Recovery in Children is to increase access to culturally competent, trauma informed, school-based mental health services for uninsured immigrant students at Los Angeles Unified School District's Norwood Street Elementary School. The surrounding community is comprised of a diverse population primarily made up of Mexicans and Central Americans immigrants, 58% of who are not United States citizens. Ninety-six percent of the children enrolled in the School report their heritage as Hispanic or Latino, 79% are designated as English Language Learners and over 40% are uninsured. There will be approximately 1.35 FTEs for this project and the services will be directed to those who are uninsured and/or undocumented (a population they are unable to serve now due to their financial constraints).

The clinical staff at the school will increase their hours and have received special training in trauma-informed treatment, good supervision, and practice culturally appropriate interventions. They will utilize a treatment model designed to help children who have experienced traumatic events. This model, Attachment, Self-regulation & Competency (ARC), focuses first on developing the relationship between the child & his primary caretakers, to establish or re-establish that essential bond that then enables the child to regulate his emotions & behaviors. This ability then empowers him to develop the skills & a sense of competence in resolving the trauma, as well as mastering his life tasks. In addition to treatment services, the project will engage in extensive outreach to foster utilization of mental health services. These efforts include: Walk-in Clinic where families can apply for services at the school, parent education groups, consultation and training staff on mental health issues in a community-based health promotores program, in-home screening and treatment, and in-services and consultation for school staff.