



# Barbara Fish

West Virginia Board of Education

"Children deserve a healthy mind in a healthy body."



# The Role of the State Policy Maker

- Leadership
  - Promote Wellness
  - Educate the Whole Child
- Assistance
  - Policy, Position Statements, Guidance
  - Allocation of Funds and Other Resources
  - Collaborations
- Oversight
  - Assure Support
  - Make Districts Accountable

# Coordinated School Health





The National Association  
of State Boards of Education (NASBE) says...

*"Health and success in school are interrelated. Schools cannot achieve their primary mission of education if students and staff are not healthy and fit physically, mentally, and socially."*

*Fit, Healthy, and Ready to Learn: Part 1 –  
Physical Activity, Healthy Eating, and Tobacco Use  
Prevention, 2000*