Problem:
During the Somali civil war, many young people endured violence and dislocation prior to resettlement in the United States. Some continue to experience mental health problems related to trauma and stress yet have not received help.

Solution:
Work with parents, schools and community partners, including the Boston Public Schools and a Somali community organization, to decrease stigma, increase identification of need and provide culturally and linguistically accessible care to Somali students.

Program:
Reducing stigma against mental health care through community outreach and locating services in school, engaging youth and families before problems arise, and providing mental health services using a Trauma Systems Therapy model.

Impact:
The community is more accepting of mental health services, youth are more accepted in their schools and communities, and mental health problems are decreasing.