BieneSTAR

School-Connected Prevention, Early Identification, and Direct Mental Health Services

Caring Across Communities Grantee Meeting
March 14-16, 2007
Alexandria, Virginia

BieneSTAR Attendees:
Michelle J. Lyn, Associate Division Director, Division of Community Health
Alba Onofrio, Executive Director, El Centro Hispano, Inc.
Robert Murphy, Executive Director, Center for Child and Family Health
BieneSTAR Goals

- Prevent and reduce exacerbation of mental health disorders of children enrolled in 3 elementary school clinics through the provision of mental health education and outreach to parents and school personnel with special emphasis on immigrant children and families.

- Create sustainable mental health services, including early identification and counseling that are accessible, culturally competent, and integrated into school services with special emphasis on immigrant at-risk children enrolled in the SBHCs.
Community Context

- Durham County Total Population: 242,582
- Racial and Ethnic Composition:
  - 38.0% African-American
  - 56.2% White
  - 11.0% Hispanic
  - 1.4% Multi-racial
  - 4.0% Asian
  - 0.4% American Indian

- Latino preschool children age 4 or younger increased by 814% from 1990 – 2000, while Latino children 5-17 grew by 729%.
BieneSTAR Partners

- Division of Community Health, Duke
- Durham Public Schools
- El Centro Hispano
- Center for Child and Family Health
Division of Community Health

- Created in 1998
- Clinical Services, Disease Prevention and Health Promotion, and Education
  - multi-partnered
  - collaboratively planned, operated, and funded
  - serving at-risk, vulnerable populations who face barriers to care
  - built around patients, not facilities/faculty
  - sustainable
  - evaluated
Durham Public Schools

- Enrollment: 31,781
- 46 Schools, 7 largest district in North Carolina
- 28 Elementary, 8 Middle, 1 Secondary, 7 High Schools, 1 alternative school, 1 hospital school

Racial and Ethnic Composition
- 54% African-American
- 24.3% White
- 15.7% Hispanic
- 3.4% Multi-racial
- 2.4% Asian
- 0.2% American-Indian

El Centro Hispano

- Grassroots Latino community center
- Created in 1992 for newly arrived immigrants

**Services ↔ Education ↔ Community Organizing**

- Programs for children, youth, and adults
  - Linkages to Community Resources
  - Health Education, Disease Prevention & Access to Care
  - ESL classes
  - Women’s empowerment
  - Youth support
  - Family Literacy
  - Economic Development
Center for Child & Family Health

- **Consortium (est. 1996)**
  - Duke University
  - North Carolina Central University
  - University of North Carolina
  - Child & Parent Support Services

- **Child maltreatment & trauma**
  - Services
    - Trauma treatment, primary & secondary prevention, pediatric/MH forensic assessment
  - Training
    - Evidence based mental health, multidisciplinary collaboration & intervention, assessment, court consultation
  - Research
    - Home based prevention, service delivery, assessment & intervention with orphans & vulnerable children
Partnership Activities

- Four School-Based Health Centers
- Local Access to Coordinated Healthcare (LATCH)
- Tooth Ferry Dental Van
- Amigas Latinas Motivando el Alma (ALMA)
- Adolescent Centered Care, Education, and Social Support (ACCESS)
Partnership’s Guiding Principles

- Community needs and stakeholders determine the services to be developed
- Programs are overseen by steering committees composed of community stakeholders/partner organizations, faculty and staff
- Programs focus on populations facing health disparities
- Programs are designed to be financially stable
- Programs are rigorously evaluated
## Current Services and Experiences

<table>
<thead>
<tr>
<th>Total Students</th>
<th>African-American</th>
<th>Hispanic</th>
<th>White</th>
<th>Multi-Racial</th>
<th>Free/Reduced Lunch</th>
<th>LEP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Watts 368</td>
<td>35%</td>
<td>46%</td>
<td>14%</td>
<td>4%</td>
<td>68.26%</td>
<td>22%</td>
</tr>
<tr>
<td>EK Powe 370</td>
<td>50%</td>
<td>30%</td>
<td>13%</td>
<td>6%</td>
<td>62.77%</td>
<td>24%</td>
</tr>
<tr>
<td>Glenn 765</td>
<td>53%</td>
<td>38%</td>
<td>5%</td>
<td>3%</td>
<td>69.44%</td>
<td>24%</td>
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El Centro Hispano: Registration and ESL Testing
BieneSTAR Team

- Bilingual Licensed Clinical Social Worker, Center for Child and Family Health
- Bilingual, Bi-Cultural Health Educator, El Centro Hispano
BieneSTAR Activities

- Prevention
- Early Intervention
- Direct Mental Health
Prevention

- Child Groups
- Parent and Family Groups
- Teachers, Counselors, and ESL Teachers
  - In-Service Education
    - Child and Family Experiences
    - Identifying Needs Before They are Problems
Early Intervention

- Mental health screening services
- Educate DPS registration and ESL testing personnel at El Centro Hispano about mental health screening services and referral process
- Educate DPS school personnel about mental health screening services and referral process
Direct Mental Health Services

- Create mental health component for Glenn Elementary through the existing SBHC and expand the mental health services at the Watts and E.K. Powe SBHCs
- Group, family, or individual mental health therapy at the SBHC, El Centro Hispano, or CCFH
Evaluation

- School Clinic Data: Clinical Fusion
- CCFH Data
- El Centro – DPS Registration Data
- Chart Audits
- Parent, Student, and Staff Surveys