

# Promising Models for Funding and Sustaining School Mental Health Services for Immigrant and Refugee Students

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# Minneapolis School Mental Health Program

- Full time mental health professional at each school
- Integrate into the school by partnering with student support staff
- Broad range of mental health services and supports



# Key Components

- Build program with sustainability in mind
- Significant partnership development
- Build on existing funding streams



# Develop it together

- All partners are critical
  - Providers
  - Local and state government
  - School district
  - Health Plans
  - Foundations
- Continuous communication
- The context will change – you will have to adapt



# Sustainability Strategy

- Approached sustainability from a systems perspective
- Developed a budget and forecasting tool
- Illustrated for partners how much their money leveraged
- Data and Outcomes



# Revenue and Funding Sources



- 3<sup>rd</sup> party reimbursement from health plans
- County reimbursement for un- and under-insured
- District contributions
- State grant supporting services

# Additional Funding Resources



- In-kind contributions
- Foundation support
- Grant support for start-up and specific outreach, prevention and early intervention work

# Key Partners and Champions



- Develop key messages with partners
- Culturally specific agencies
- Mental health providers
- Hennepin County
- School district and schools
- State Director Children's Mental health
- Health Plans
- NAMI-MN



# Concluding Thoughts



- Plan for sustainability
- Think systematically and systemically
- Data – be able to answer your questions and theirs
- Vision, commitment and recommitment by all of the partners
- Update your champions on progress and seek out future champions

# Contact Information



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