The Pajaro Valley Unified School District (PVUSD) is located in a fertile agricultural valley and its primary city, Watsonville, is densely populated. The high numbers of agricultural workers in the relatively small geographic region mean that the PVUSD has one of the highest proportions of migrant students in the United States. 46% of Watsonville High School students meet the strict definition of migrant by the district's Migrant Education Program; the majority of migrant families has emigrated from Mexico and speaks Spanish at home. To address these mental health needs, Nuestro Futuro features a family-centered approach, responding to the Mexican cultural value of "familia" first. Youth Services (YS) counselors will reach out to families in their homes to provide family therapy. Counselors and trained Parent Leaders will jointly lead parents and youth in a family psycho-educational group: Families in Control. The group will take place in Spanish in the school library during evening hours. Food and childcare will be provided. To complement the focus on family, YS notes that a main developmental task in adolescence is to separate from family in a healthy way and establish one's own identity. Therefore, YS also offers individual therapy (mostly at school, but some at LMCR), and two types of groups on campus: the Newcomer's group and Oaxaca Group. They will also use the evidence-based model class/group, Why Try. YS will participate in weekly Multi-Disciplinary Team (MDT) meetings to link adolescents to other community resources. The MDT team is made up of therapist from various mental health agencies, a nurse, and the Healthy Start Family Advocate. Two parent leaders will assist in the program planning and monitoring at the monthly Nuestro Futuro meetings. Meetings can be bilingual, as the Migrant Ed Director, WHS Principal, LMCR Director and YS Project Director all are fluent Spanish speakers.