Center for Health and Health Care in Schools
School Nurses and School-Based Health Centers:
What are their roles in helping children maintain a healthy weight?

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Mission

To improve the health and health care of all Americans by . . .

- Assuring access to health care
- Improving quality of care for those with chronic health conditions
- Promoting healthy communities and lifestyles
- Reducing the harm caused by substance abuse
Childhood Obesity

Goal:
To help halt the rise in prevalence of childhood obesity by promoting healthy eating and physical activity in schools and communities throughout the nation

Strategies:
- Build the evidence
- Leadership and advocacy
- Test innovative approaches
Childhood Obesity Programming

- $58 million since 2001 to create social change for active living
- $84 million allocated 2005 – 2011 for prevention of childhood obesity
Childhood Obesity—Major Initiatives

Building the Evidence

- Early Assessment of Promising Practices
- Active Living Research
- Healthy Eating Research
- Evaluation of Arkansas Act 1220
Childhood Obesity—Major Initiatives

Leadership

- **National Governors Association**
  Healthy America Initiative

- **Alliance for a Healthier Generation**
  Healthy Schools Program

- **Active Living Leadership**
Childhood Obesity—Major Initiatives

Community Action Demonstrations

- Unity-Tribal Youth Leadership
- Active Living by Design
- Healthy Eating by Design
Round 1: School Food Policies and Environments

Policy-relevant research grants in two categories:

- Identify/evaluate promising practices in schools
- Analyze macro-level determinants of school food environments/policies
Role of School Nurses and Health Care Centers

Exploratory Roundtable Questions:

- What is the role of school nurses and school health centers in preventing childhood obesity? In supporting school wellness councils?
- What resources, incentives and barriers do they face?
- How do they link to healthcare providers and community services?
- What are the opportunities to promote school nurses in leadership, advocacy and policy initiatives?
- Can we identify existing best practices or models?
Making a difference in their lifetime