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The following personal financial relationships with commercial interests relevant to this presentation existed during the past 12 months:

No relationships to disclose
Mental Health: Why does it matter?

• Mental illness is the leading cause of disability and burden of disease in both high and low income countries

• 50% of Americans will have a psychiatric disorder at some point in their lives

• 50% of psychiatric disorders exist by age 14 and 75% by age 24
In the US, 1 in 10 youth has a mental health problem that impairs them at home and/or school.
The Changing Face of U.S. Schools

Sources: US Census Bureau, 2007 American Community Survey (ACS) and analyses by the Migration Policy Institute, MPI Data Hub: Migration Facts, Stats and Maps.
Foreign Born Population and Foreign Born as % of Total US Population, 1850 - 2007

Source: Migration Policy Institute, 2007
Challenges Faced

• Pre-migration, migration, and post-migration exposure to traumatic events creates vulnerabilities

• Stigma related to seeking mental health care is a barrier in many ethnic communities

• Poverty rates are much higher for children in immigrant and refugee families than children in native-born families

• People with limited English proficiency (LEP) are less likely to seek care and receive needed services
Caring Across Communities

Addressing Mental Health Needs of Diverse Children and Youth
The Public Health Pyramid

Levels and Types of Intervention

- Intervention/Indicated
- Prevention/Selective
- Promotion/Universal
Advice from the Experts & the Field: Basic Principles

- Strive for cultural competence
- Encourage adaptation
- Hierarchy of Needs
- Infrastructure key to sustainability
- Partnerships are essential
The Center for Health and Health Care in Schools

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